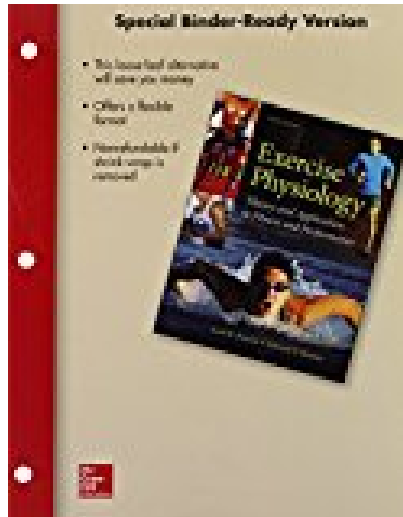


Exercise Physiology Loose Leaf Edition with Connect Access Card



BOOK DETAILS

- Author : Scott Powers
- Pages : Pages
- Publisher : McGraw-Hill Education
- Language : English
- ISBN : 1259660400



BOOK SYNOPSIS

Exercise Physiology Laboratory Manual is a comprehensive source for instructors and students interested in practical laboratory experiences related to the field of exercise physiology. It can be used as both a standalone lab manual or as a complement to any exercise physiology textbook. Students will come away with thorough instruction on the measurement and evaluation of muscular strength, anaerobic and aerobic fitness, cardiovascular function, respiratory function, flexibility, and body composition. McGraw-Hill Connect® is a subscription-based learning service accessible online through your personal computer or tablet. Choose this option if your instructor will require Connect to be used in the course. Your subscription to Connect includes the following:

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